Welcome to our user guide to **3D Real-time** on Anatomy.tv. Please read on, or select one of the links opposite to jump straight to a particular topic.

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RECOMMENDED BROWSERS

For an optimum experience we recommend using one of the following web browsers:

- Chrome
- Microsoft Edge
- Internet Explorer
- Mozilla Firefox
- Safari

Open your web browser and type www.anatomy.tv into your address bar or browser search field.

This takes you to the home page:
Anatomy.tv

Logging in

Please type your username and password in the subscriber login fields.

Main navigation

The top navigation bar offers a number of useful links – you may find the Help link, which takes you to our in-depth reference and video tutorials pages, particularly useful.

The Resource center links to a stock of Anatomy.tv and Primal Pictures information and publicity resources.

Username and Password

Note that if your institution is IP authenticated you will be taken to the products page automatically without having to log in so you will not see this page and login area.

Other portals

Athens or Shibboleth users should click on the appropriate link and log in via the Athens or Shibboleth sites.
Once you have entered a valid username and password you'll be taken to the product launch area of the Home page.

Our titles are split into categories which can be accessed on the left-hand-side tab menu. Click on the 3D Real-time tab.

Select your preferred language here.

Titles which are accessible via tablet devices are indicated by this icon.
You can find other ways to learn about Primal’s 3D Real-time on the Help pages of Anatomy.tv.

**Point-and-click**

This type of help is useful if there is a particular button, icon or user-interface feature you would like to learn about.

**Step-by-step videos**

Watch our video series for a comprehensive understanding of the product’s features.

**Tablet access guides**

Refer to this section for instructions on how to access 3D Real-time on your iPad or Android tablet.
Main interface
Overview

The interface consists of three main areas:

1. Tab panel
   The buttons down the left-hand side of this panel allow you to access the main functions of the application: Structure text, Gallery, Favorites, Settings, Draw, pin and label, Save, Share and Fine control.

2. Viewpane
   Interact with the 3D model.

3. Contents and Search
   Browse, view and select structures from the Contents folders which are arranged by tissue type. Alternatively, use Search to find structures by keyword.

Tip: you can click on the 'i' icon at any time to show the QuickStart screen, which gives a summary of the main functions. The adjacent '?' icon takes you to the Point-and-click help and the Video tutorials.
Interacting with the 3D model
Rotating the model

You can rotate the model in any direction by dragging in the Viewpane with your mouse or finger.

Use a single finger or hold down the left mouse button for all these interactions:

To rotate horizontally
Drag left and right to rotate the model in the horizontal plane.

To rotate vertically
Drag up and down to rotate the model in the vertical plane.

To rotate in both planes at once
Drag diagonally to rotate in both the horizontal and vertical planes simultaneously.

To rotate clockwise or anticlockwise
Drag up or down at edge of the Viewpane to rotate the model clockwise or anticlockwise.
You can also **position** the model by dragging in the Viewpane.

**To move laterally**
- Drag in any direction holding down the right mouse button.

**To zoom in and out**
- Drag up and down while holding down the mousewheel.
- Pinch thumb and forefinger together.

**To reset the position and zoom**
- Press the **Home all** icon to reset the rotation and center all the visible structures.
Whether selecting structures, using the Viewpane controls, or moving and rotating the model, you can retrace your steps using the Back and Forward buttons.
Identifying structures
Rollover labels

If you are using a mouse, **rollover labels** can be used to help you identify structures.

1. Hover over a structure to see its name.

2. Rollover labels can be turned off in the Settings tab.
Identifying structures
Selecting structures in the Viewpane

1. Click (or tap) on a structure to select it. The structure becomes highlighted.

2. The name of the structure appears in the Title bar. The Title bar also turns the signature color of the structure's tissue type.

3. To hear the pronunciation of the name of the selected structure, click on the speaker icon. All the structures are sorted by tissue type. When a structure is highlighted in the Viewpane, the relevant arrow will also highlight, indicating which tissue type the structure is.
Identifying structures

The **Contents** shows the system's structures arranged in folders, showing you how each structure fits into the anatomical hierarchy.

Selecting the highlighted arrow will open the Contents list for that tissue type. The structures are sorted into a series of folders.

Here, we see that the Clavicle has been selected. We can also see that it is part of the Pectoral girdle.
Selecting structures
Selecting from the Contents

You can also select structures from the Contents list.

Click on a structure name in the Contents list to select it.

The structure highlights in the Viewpane. The model will also zoom and rotate to give you the best view of that structure.*

To deselect a structure, either click on an empty area in the Viewpane, or click on the structure name in the Contents list again.

* Providing Home on select has not been turned off in Settings.
Selecting structures
Using Multi-select

**Multi-select mode** allows you to select (or deselect) more than one structure at a time.

1. Click on the SINGLE button to change to MULTI-select mode. You can now select as many structures as you require by clicking on them in the Viewpane.

2. In MULTI mode you can also select more than one structure from the Contents list.

3. Click on MULTI again if you wish to return to SINGLE-select mode.
Hiding and showing structures
Hide/Show from the Contents

You can also use the Contents to hide (or show) structures.

1. Click on the circle next to a structure name to toggle the visibility of that structure.

2. Click on the circle next to a folder name to toggle the visibility of the entire contents of that folder.

3. If not all of the structures in a folder are shown in the Viewpane, the circle will be gray. Clicking on a gray circle will make all those structures visible.

Each tissue type also has five predefined layers. You can click on these to add and remove layers of anatomy. They differ from the layers in the Gallery in that they consist of only one tissue type.

Once you have finished, click on the arrow button again to close the panel.
Hiding and showing structures
Hide/Show button, Clear

Structures can also be hidden or shown using the Viewpane controls.

Select the structure(s) you would like to hide.

Click on the HIDE button to hide the structure(s).

The HIDE button changes to SHOW. Click on it to reveal the structure(s) again.

If you would like to hide everything, use the CLEAR button.
Other Viewpane controls
Ghost/Solid/All solid

Clicking on the Ghost button will make the selected structure(s) semi-transparent, allowing you to see what lies behind or within the selection.

- Click on the GHOST button to make the selected object(s) semi-transparent.
- The button changes to SOLID. Click on it to return the selection to its opaque state.
- When one or more objects are ghosted, but none are selected, the button changes to ALL SOLID. Click on it to return all the objects to their opaque state.
Other Viewpane controls
Examine

Examine is the opposite of Ghost. It turns every object, except the selected one(s), semi-transparent. This can be useful for revealing hidden structures and to help you understand spatial relationships.

1. Here, the sphenoid bone has been selected. Note that the EXAMINE button is in its gray OFF state.

2. Clicking on EXAMINE turns all the other objects transparent. Also, the selection is no longer highlighted.

Note that the EXAMINE button is now in its orange ON state. Click on it again to return to the standard view.
Inspect gives you a close-up view of the selected object(s), allowing you to study them in isolation. While in this mode all other visible objects are temporarily hidden.

1. Here, the sphenoid bone has been selected. Note that the INSPECT button is in its gray OFF state.

2. Clicking on INSPECT hides all the unselected objects and zooms into the selected object(s).

Tip: when you are in INSPECT mode you can freely rotate and zoom the inspected object(s). Once you exit INSPECT mode, you are returned to your original viewing position.

Tip: if you wish, you can prevent the automatic zooming by turning off ‘Home on Inspect/Context’ in Settings.

Note that the INSPECT button is now in its orange ON state. Click on it again to return to the original view.
**Context** mode allows you to see your selected structure(s) in relation to associated anatomical structures.

1. Here, the mandible is selected. Note that the CONTEXT button is in its gray OFF state.

2. Clicking on CONTEXT reveals associated structures and zooms to the best view.

Tip: when you are in CONTEXT mode you can freely rotate and zoom. Once you exit CONTEXT mode, you are returned to your original viewing position.

Tip: if you wish, you can prevent the automatic zooming by turning off ‘Home on Inspect/Context’ in Settings.

Note that the CONTEXT button is now in its orange ON state. Click on it again to return your original view.
Other Viewpane controls

Home/Home all

The **Home/Home all** button provides a quick and precise way of zooming in and out.

When you select an object or objects you will see the HOME button become active.

Click on the HOME IN button to zoom into selected object(s).

Once the zoom-in is complete, the button changes to HOME ALL.

Clicking HOME ALL zooms out so that all shown structures are in view. Note that HOME ALL always moves to the anterior (front) view point.
Other Viewpane controls
Orientation cube

The Orientation cube indicates how the model is orientated in 3D space. Each of the faces represents one of the anatomical planes.

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S Superior  A Anterior  L Left  L Lateral*
I Inferior  P Posterior  R Right  M Medial*

You can also click on the faces, edges and corners of the Orientation cube to rotate the model precisely to a particular position.

* Lateral and Medial are used in Forearm and Hand; Knee, Hip and Thigh; and Leg, Ankle and Foot.
You can locate structures using the **Search** feature.

**Finding structures**

**Search**

Type your search term in the box.

1. The results appear below, sorted into folders by tissue type. Folders for Gallery scenes and Favorite scenes may also be returned.

2. Empty circles indicate that the structure is currently hidden. To show the structure, click on the circle. Colored circles indicate that the listed structure is shown. Click on the circle to hide the structure.

**Tip:** clicking on the name of a hidden structure will not only show it, but will zoom and rotate to give you the best view.

**Tip:** clicking on the name of a shown structure will highlight it, plus zoom and rotate the model to give you the best view.

*Providing **Home on select** has not been turned off in **Settings.**
The **Tab panel** is where you can access the major functions of 3D Real-time. The first tab is the **Structure text** tab where you can read detailed text about the most recently selected structure.

Here, the parietal bone has been selected. Its associated text is displayed in the Structure text tab.

Most structure texts contain links relating to associated anatomical structures.

**Blue links**
Clicking on a blue link will add that structure to the view (if not already shown) and position the model so it can be viewed effectively. *

**Red links**
These indicate that the structure isn’t present in the current title. Clicking on a red link will show which title it can be found in.

---

* Providing **Home on select** has not been turned off in **Settings**.
The Structure text tab also contains the **Associated media** for the selected object.

1. Here, the occipital bone has been selected. Its associated media is displayed below the Structure text.

2. The first **Associated media** thumbnail is the structure's best view. Clicking on it will replace the current view with the clearest view of that structure and its associated anatomy. If you wish to return to your previous view, use the Back button.

3. If the selected structure appears in a Dissection slide, it will also feature in the Associated media.
The **Gallery** contains predefined views and specially selected dissection images which will help you understand key anatomical areas and concepts.

There are three tabs in the Gallery. The **Scenes** tab is active by default.

The **Dissections** folder is first in the list. You can learn more about it on the next page.

Each scene in the Gallery has a thumbnail. Click on it to load the scene in the Viewpane.

Each thumbnail has a series of layers, from deep to superficial. To show them, click on the thumbnail name.

Click on a layer thumbnail to open it in the Viewpane.

Further anatomical areas and systems are arranged into folders. Simply click on the folder to open or close it.
The Dissections folder contains clickable slides of selected dissections which you can relate to the 3D model.*

1. The first folder in the Scenes tab is the Dissections folder, which you will find open by default.

2. Click on the thumbnail to view the dissection.

3. Clicking on the thumbnail name area will reveal the 3D model dissection layers. These layers run from superficial to deep and help you to understand which structures have been removed to reach the state shown in the image.

4. The dissection image appears in the bottom half of the Gallery and the Viewpane updates to show the equivalent 3D scene.

* The Dissections folder can be hidden using the Hide dissection images switch in Settings.
You can configure the arrangement of the Dissection window and the Viewpane in three ways.

1. Use these icons to change the layout. The first one is the default one-quarter size.

2. Click on the second icon for a more direct side-by-side comparison.

3. The third icon makes the dissection fill the entire viewing area.
Dissections slides are clickable, allowing you to select and identify the structures.

Select a structure in the dissection slide and its equivalent will highlight in the 3D model. Alternatively, you can select a structure in the 3D model and see it highlighted in the dissection slide.

Tip: Dissection slides also have rollover labels. If you wish, you can turn them off in the Settings tab.

Tip: If you turn on ‘Home on select in slides’ in the Settings tab, when you select a structure in the dissection the 3D model will rotate and zoom to show you the best view of that structure.
You can view both the dissection photograph and the 3D model in **False-color** or **Cadaveric-color** mode. False color mode helps you to identify which system a structure belongs to.

The dissection is in Cadaveric-color mode by default. Toggle to False-color mode if you would like help relating the structures to the 3D model.

The 3D model is in False-color mode by default. Change to Cadaveric-color mode if you would like to make it look more like the cadaveric dissection.

Use the left icon to toggle the color mode of the dissection.

Use the right icon to toggle the color mode of the 3D model.
Gallery tab
Dissections – other controls

Zoom and reset your view using these controls.

Use the plus and minus buttons to zoom in and out of the dissection. This does not affect the zoom in the Viewpane.

Close the dissections panel by clicking on the cross.

If you have zoomed in to the dissection you can use this button to reset the image to its original position.

Use this button to reset the view of both the dissection and the Viewpane back to their original state.
The Gallery also contains **Groups** which allow you to add predefined sets of structures to the Viewpane.

1. Access the Groups by clicking on the second tab.

2. Click on the thumbnail (or name) to add the group to the Viewpane.

3. The selected Group is added to the Viewpane. The model will also zoom and rotate to give you the best view.*

4. Groups are added in the selected state. You can explore which structures are part of the Group using the Contents arrows.

5. To deselect all the structures in a group, click once on the Viewpane background.

* Providing **Home on select** has not been turned off in **Settings**.
The third tab in the Gallery is the **Cameras** tab. Here, you can quickly select a predefined position to view the model from.

1. Access the Cameras by selecting the third tab.

2. Click on the thumbnail (or name area) to view the model from the position illustrated by the thumbnail.

3. Note that the structures in the Viewpane remain the same – only the viewpoint changes.
Favorites tab
Saving favorite scenes

With the **Favorites** tab you can save links to scenes for later use.

1. Construct the scene you would like to save, or modify one of the preset scenes in the Gallery.

2. Click on **Save as**, then give your favorite a name.

3. Click on **Confirm**, your favorite will be added to the list.
As well as saving Favorite Scenes, you can save Favorite Groups and Favorite Cameras.

1. Click on **Save as**, then give your favorite a name. With Groups, you also have the option of adding all the visible structures or, alternatively, adding just the selected structures.

2. Click on **Confirm** and your Group will be added to the favorites list.

3. Similarly, to save favorite Camera positions, use the Cameras tab.
When using 3D Real-time on a **PC** you have the option of exporting your Favorites so that you can import them on to a different computer.

Note that on **iPad**, your Favorites are automatically saved to your iCloud account and so will be available on any iPad that you are signed into.

1. Click on **Export all** – a dialogue box appears with a unique access code for you to note down. *

2. On a different PC, click on **Import all** and enter the previously generated access code. *

* If you have an individual subscription, the Favorites will be exported to and imported from your account without an access code.
The Settings tab features numerous controls to adjust how the user interface looks and behaves. This page explains the first seven controls.

**Change the Highlight color here.** Your choice will take effect on the next selected structure. This can be useful for color-coding groups of structures in Multi-select mode.

**Select a different Background color here** – this can be useful to make structures more visible.

**Change the smoothness of the edges of the model using the Quality setting.** Lower spec devices may have difficulty moving the model at the higher settings.

**Adjust how quickly you Zoom in and out of the model.**

You can make the **Text size** in the Title bar and Structure text tab larger using these buttons. This can be useful for devices with smaller screens or when giving lectures or presentations.

**Adjust the UI scaling** to make the icons and buttons and their associated text larger or smaller according to the size and resolution of your screen.

If you don't wish to see the Dissection images in the Gallery, turn this control ON.

For the controls in the lower section of the panel, see next page: **Settings tab 2**.
The lower half of the **Settings** tab contains the toggle buttons which are used to turn certain features ON or OFF.

- **Home on select** is ON, selecting a structure in the **Contents** will zoom into that structure.

- **Home on inspect/context** will zoom in to a structure when the **Inspect** or **Context** controls are used.

- **Home on select in slides** - when you select a structure in a dissection slide, the Viewpane will update to zoom into that structure in the 3D model.

- **Cadaver colors** ON if you would like to view the 3D model rendered using colors similar to those seen in a dissected cadaver.

- **Display walls** to view the model within a grid-lined cube. This can help with orientation.

- **Hard shadows** give a more three-dimensional appearance to the model. They may cause the display to slow down on older devices.

- **Soft shadows** give a more subtle three-dimensional appearance to the model. They may cause the display to slow down on older devices.

- **Show structure title** to hide the structure name in the **Title bar**. This can be useful for self-testing.

- **Rollover labels** if you do not wish to see the structure names that appear when you hover over the 3D model or dissection with your mouse pointer.

- **Images saved with transparency** if you wish your saved images to have the same color background as the Viewpane.

- **Orientation cube** to hide the Orientation cube.

- **Url formatted sharing**

- **3D stereo anaglyph** while wearing red/cyan 3D glasses to view the model with a stereographic effect.

- **Stereo effect** slider to increase or decrease the 3D stereo anaglyph effect.

- **Flip left to right** shows the opposite side of the model. This can be useful when viewing the limb products. 3D Hand also features Flip top to bottom.

- **Outlines only** mode if you would like to print out, color and label your scene. This can be a useful way of recalling the anatomy.

- **Save higher resolution images** when using the **Save image** feature.

- **Anti-aliasing** gives a smoother appearance to the 3D model when you save as a high resolution still (using the **Save image** feature).

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1. Not available on iPad.
2. Internet Explorer and Safari only.
3. Not all graphics cards support this feature.
Quickly create a labeled view using the label buttons in the Draw, pin and label tab.

**Add label** – Press this button then click on any structure in the Viewpane. The label will automatically show the name of the structure.

**Remove label** – Press this button then click on a label to delete it.

**Edit label** – Press this button then click on a label to edit it. Press the button again to complete the edit.

**Move label** – Press this button to reposition labels. Click once on the label to select it, reposition the label, then click once again to release it.

Use the Save image tab to save your labeled view.
Draw, pin and label tab

Pins

Add pins to the model using the pin buttons in the **Draw, pin and label** tab.

**Add pin** - Press this button then click on any structure in the Viewpane. The pin will be added and will automatically be labeled with the name of the structure.

**Remove pin** - Press this button then click on a pin to delete it.

**Edit pin label** - Press this button then click on a pin label to edit it. Press the button again to complete the edit.

**Tip**: you can hide pin labels by clicking on the pin. Click on it again to see the label again.

Use the **Save image** tab to save your labeled view.
Add lines, arrows, circles and text to a scene with the draw buttons in the **Draw, pin and label** tab.

Please note that drawing elements are not preserved when you add the scene to your **Favorites**. Use the **Save image** tab to keep a copy of your marked-up scene.

- **Drawing label** – Add your own custom labels to your scene. To edit or delete, click in the label.
- **Circle** – Click on the image then move in any direction. The circle is drawn outwards from the point you clicked.
- **Line** – Click and hold where you would like your line to start, move to where you would like it to end, then release the mouse button.
- **Arrow** – Click and hold where you would like the point of the arrow to be, move to where you wish the arrow to start, then release the mouse button.
- **Freehand line** – Click and hold, then start drawing your line. Once you have finished, release the mouse button.
- **Eraser** – Click and drag over lines, arrows or circles to scrub them out.
- **Clear all** – Use this button to remove all drawing labels, circles, lines, arrows and freehand lines.
- **Lock drawing** – By default, drawing elements are only visible when the Draw, pin and label tab is open. Use this button to keep them visible when the tab is closed.

**Color selector** – Use this panel to set the color of your next circle, line, arrow or freehand line.

**Line weight selector** – Use this panel to set the thickness of the line in your next circle, line, arrow or freehand line.

**Current color**

**Current weight**

**Adjust the brightness**

**Choose a predefined color**

**Adjust the weight**

**Choose a predefined weight**

Extra:

- **Adjust the weight**
- **Choose a predefined color**
- **Current color**
- **Current weight**
The 3D scenes can be saved to your device as images using the **Save image** tab.

**SAVE IMAGE TAB**

Enter a name for your image and press 'OK'. Any labels, pins or drawing elements you have added will be saved too.

If you don't wish the scene to be saved to your **Favorites** also, switch this control off.

By default, images are saved with a transparent background. However, if you would like them to have the same color background as the 3D scene, turn off ‘Images saved with transparency’ in the **Settings** tab.*

* Not available on iPad.
Any 3D scene can be embedded in a Learning Management System (LMS) or shared with other Anatomy.tv subscribers using the **Share scene** tab.

1. Enter a name for your scene and press ‘OK’.
2. If you don’t wish the scene to be saved to your **Favorites** also, switch off this control.

A unique code is generated. Highlight and copy it,* then share it with other subscribers – they can simply paste the code into their browser to recreate your scene. Alternatively, you can add the URL as a link in your browser. In both cases the scene will automatically be added to the recipient’s **Favorites**.

Note that if you have **URL formatted sharing** turned OFF in the **Settings** tab, an eight-digit code will be generated instead. This can be used by other subscribers to import scenes directly into their **Favorites** tab via the cloud icon.

Note that the recipient also has to have **URL formatted sharing** turned OFF to see the cloud icon in their **Favorites** tab.

* On iPad the code is automatically copied to your pasteboard.
Precise positioning
Fine control tab

If you wish to position the model with more precision, use the **Fine control** tab.

**Tip:** for convenience, the Fine control panel can be dragged to any part of the Viewpane.
Appendix
Keyboard shortcuts

You may also find it useful to interact with the model using keyboard shortcuts.

Rotate horizontally
Left or Right arrow

While dragging in the Viewpane you can hold down the 1 key at the same time to limit the rotation to this plane only.

Rotate vertically
Up or Down arrow

While dragging in the Viewpane you can hold down the 2 key at the same time to limit the rotation to this plane only.

Rotate in both planes at once
Press two arrow keys

While dragging in the Viewpane you can hold down the 3 key at the same time to limit the rotation to this plane only.

Rotate clockwise/anticlockwise
Left or Right square bracket

Move laterally
Number pad arrows

Zoom in and out
Plus or minus key

Rotate horizontally
Rotate vertically
Rotate in both planes at once
Rotate clockwise/anticlockwise
Move laterally
Zoom in and out

Left or Right arrow
Up or Down arrow
Press two arrow keys
Left or Right square bracket
Number pad arrows
Plus or minus key

HIDE h
SHOW s
CLEAR del
CTRL ctrl
space bar

GHOST g
SOLID o
EXAMINE e
EXAMINE i
EXAMINE c
EXAMINE a

HOME HOME_ALL

keyboard shortcuts

1 2 3

+ –